

The Safety Guide

Summer 2013



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Working in Hot Weather

Working in an excessively hot environment can be difficult – and can create serious medical issues. Heat can create a number of safety problems and illnesses, including heat cramps, heat exhaustion and heat stroke, which can be fatal. These illnesses caused by too much heat are called hyperthermia.



Thermal Comfort in Office Settings

In view of the limited occupational laws or regulations dealing with thermal comfort in the workplaces of the State of Connecticut, EHS's Occupational Health and Safety program provides the following guidelines summarized in the table below. These guidelines are taken from the American Society of Heating, Refrigerating and Air Conditioning Engineers (ASHRAE) Standard 55-1992.



Proper Attire in the Laboratory

The summer months are here and the temperatures are setting record highs. People can be seen wearing shorts, tank tops and open-toed sandals. This attire is perfect for the outdoors -- but not in the laboratory. UCONN's Chemical Hygiene Plan prohibits open-toed shoes, sandals and other "summer" footwear in the laboratory.